Captain Paul Cullen

Captain Paul Cullen is an airline pilot with over 12,500 flying hours, and currently flies the Airbus A320. Paul has flown the Boeing 737 and Airbus A330 aircraft, and is also an accredited air accident investigator. He previously held the position of Director of Safety & Technical in the Irish Air Line Pilots' Association (IALPA).

During his time in IALPA he worked closely with the pilot peer support group, and assisted numerous pilots in seeking help with a variety of personal and health issues. These interactions fueled an interest in pilot wellbeing, and for the last two years Paul has led a research team consisting of psychologists from Trinity College Dublin and St. John of Gods Hospital, Dublin. This team have been examining the effects of working as a pilot on a pilot's wellbeing, and the subsequent impact on air safety.